<u>Home-grown in Malvern</u> <u>Hygiene Policy</u>

It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are supported to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals or snacks.

Staff members will assist the children in hand washing, ensuring that they are washing and drying them correctly.

We carry an antibacterial hand wash in my bag so we can wash the children's hands when we are out and about.

We will provide paper hand towels for the children to use and a bin for them to be safely disposed in/ a separate towel for each child and their own flannel.

We are happy to help children to clean their teeth after meals if you provide us with a toothbrush and paste.

We will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. We will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs. We will also encourage them to put their hand over their mouths when they cough.

We will not mind a child who has had an upset stomach in the last 48 hours.

We will disinfect the changing mat between children. We have protective gloves and aprons to wear when changing nappies and we use a bacterial spray to ensure surfaces are clean.

Toys will be regularly cleaned and those used by babies even more regularly as they are often sucked and chewed.

Sleeping children will each have their own individual bed linen which will be regularly changed and washed. All individual linen will be kept in a compartment in our drawers upstairs, each child has their own compartment where their name is clearly shown.

We will follow strict hygiene routines in the kitchen, ensuring the fridge is at the correct temperature and that food is stored correctly in it.

In order for us to carry out these procedures effectively we will need you to provide us with enough resources, for example nappies, spare clothes for the children etc. We also request that you let me know if your child is feeling or has been unwell. (see Care of Sick Children Policy)

For children who are currently potty training we request that parents should provide and make sure that their children are sent in pull-ups to wear, until we are confident that the child is able to express their need for the toilet independently. As we understand that accidents happen sometimes, this is to make sure accidents in the setting are kept minimal so the environment is kept clean and is hygienic.

Signed:

Reviewed: