



Home-Grown in Malvern Potty and Toilet Training (Hygiene) Policy

We know that potty or toilet training your child can be a challenging time and we aim to do all that we can to support your child to learn to use the toilet, within the perimeters of the setting's Health and Hygiene procedures. Please be aware, however, of the following points:

1. We do not accept children into the setting wearing only pants unless they are reasonably secure in their toilet training development.
2. Children **must** wear trainer pants (cotton pants that are padded and designed to catch the majority of an accidental wee) or pull ups until they are secure in their toilet training development.

We have a small number of cotton trainer pants at the setting that we can lend to any parent who may experience difficulty in obtaining them. If you need to borrow ours, please let us know, but parents are responsible for washing the trainer pants and ensuring that they are returned in a clean and hygienic condition.

If your child is struggling to toilet train successfully, we have some literature that we can pass on which might be helpful.

Some of the ways that we are able to support your child to learn to use the toilet or potty are as follows:

We will

1. Take him/her to the toilet/potty at frequent and regular intervals.
2. Observe when he/she is successful and praise immediately.
3. Ensure a potty is accessible for your child to use independently.
4. Support him/her with handwashing afterwards

Some parents are reluctant to use pull ups as they are designed to take the moisture away from a child's skin and the child may not be aware that they are wet. In this case, we suggest that normal pants are worn next to the skin and pull ups are worn over the top. Alternatively, normal pants can be worn next to the skin and an incontinence pad worn in leggings or close fitting trousers as a second layer for absorption.

We can also put a reward system in place for children who respond well to this kind of external motivation.

Date:

Signature: